



High School Swimmers

Keep up with your training!

The Morris County Swim Club has a special program to keep you in the water. Many clubs look for long term commitments and structured practice schedules. Not the MCSC!
The MCSC offers you practice time with no strings attached.

Practices are 1.5 hours

at the Morristown Beard School Monday through Friday from 5:30-7:00PM Saturday from 11:15-12:45 Sunday from 10:30-12:00	at the County College of Morris Monday, Wednesday & Friday from 5:00-6:30PM
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Check www.mcscnj.com for adjusted practice days/times.

Pay as you go.

\$15 per practice for the first two practices per week.
\$10 for the 3rd, \$5 for the 4th and *Free* for more.
Example 5 times in a week = \$45 or \$15+15+10+5+0.

or

pay a monthly rate.
(E.G. 2 times per week = \$120 per month)

The program is available beginning March 3rd

To register, download and complete page 2 of the MCSC registration form, available under Programs at www.mcscnj.com, to bring to your first practice. Contact info@mcscnj.com to reserve your slot, for more information or come to a practice to discuss the program with an MCSC coach.

This program is subject to availability, may change at any time and is for high school swimmers that are not part of another USA Swimming club. No meets or fund raising required. Club membership is also available.
The MCSC will register swimmers with NJ/USA Swimming.