

NEW JERSEY SWIMMING
2017 NJS 14/Under Short Course Junior Olympics
 Hosted by BERKELEY AQUATIC CLUB
 (Held under the sanction of USA Swimming.)

Meet Sanction #	<p>NJS031717SC</p> <p>It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p>
Date(s) of Meet:	<p>Friday, March 17th, 2017 Saturday, March 18th, 2017 Sunday, March 19th, 2017</p>
Location:	<p>The pool is located in the Sonny Werblin Recreation Center on the Busch Campus of Rutgers University in Piscataway, New Jersey.</p> <p>656 Bartholomew Road Piscataway, NJ 08854-8003</p> <p>The Center's main number is 848-445-0462. (This number is for emergencies only.) All calls regarding this meet should be directed to the Meet Director.</p>
Facility Info:	<p>The pool is Olympic-sized, divided into two 25 yard 8 lane pools. One half will be known as the "Main Pool" (nearest the large scoreboard) and the other as the "Dive Pool" (nearest the diving tower). Both event pools use pedestal-style starting blocks, with non-turbulent lane lines, and a Colorado Timing system. There are two auxiliary pools, known as "patio pools" (for warm-up and warm-down during competition only) and seating for 1,000 spectators, including 400 chair-backed seats. The remaining seating is bleacher style. The minimum water depth in the competition pools is 6 feet. The main or scoreboard pool is 6 feet deep at the starting end and 6'10" deep at the bulkhead. The dive pool ranges from 7 feet deep in lane 8 to 14 feet deep in lane 1.</p> <p>SWIMMERS will be allowed to sit ONLY in the first three rows of the bleachers and not at all in the chair backed seats. Seating in these first three rows is considered 'open' with no team having exclusive rights to particular sections of the bleachers. There is NOT enough room in the morning and afternoon sessions for swimmers to stay in the pool area all the time. The gymnasium on the ground floor of the Sonny Werblin Recreation Center will be available and must be used by the swimmers in both the morning and the afternoons. Swimmers should plan to be in the gym when they are not warming up/down or swimming. There will be a marshal stationed in the gym for safety purposes who will also make a best effort to maintain up-to-date postings of the events as they are swum. (NOTE: Meet personnel cannot be held responsible for swimmers who miss events.) Parents are allowed to bring chairs into the gym but not into the pool area. Parents are welcome to stay with their swimmers in the gym.</p> <p>Swimmers' bags will have to go into the gym in the morning and afternoon sessions. No swim bags will be permitted in the pool area in the morning and afternoon.</p> <p>NOTE: The gym will not be used during the evening Finals sessions. All belongings MUST be removed from the gym prior to the start of Evening Warm-Ups. Belongings left will be collected by Rutgers Staff and Meet Personnel and will be turned into the facility Lost and Found. Rutgers/Meet Host shall not be held responsible for lost or stolen items.</p> <p>Parents are not permitted on deck unless they are working at the meet at that time.</p>
Pool Certification Statement:	<p>The competition course has been certified in accordance with 104.2.2C(4).</p>

Host Team Contact:	Tristan Formon	tristan@berkeleyaquaticclub.com
Meet Director:	Becky Hammond	201-401-3617 bechammond@hotmail.com
Meet Referee:	Christopher Barry	officials@berkeleyaquaticclub.com
Administration Official:	Becky Hammond	201-401-3617 bechammond@hotmail.com
Safety Marshall:	Anitha Kamath	973-818-8193 anithapkamath@gmail.com
Entry Coordinator:	Becky Hammond	201-401-3617 bacmeetentries@berkeleyaquaticclub.com
Entries Open:	Immediately	
Entry Deadline:	Tuesday, March 7th, 2017	
Swimmers Age:	Swimmer ages for this meet are as of Friday, March 17th, 2017.	
Entry Fees: (non-refundable)	<p>Individual Prelim/Final Events: \$6.00 Individual Timed Final Events: \$5.00 Distance Events: \$11.00 Relay Events: \$8.00</p> <p>PLEASE NOTE: Amended entries will incur a \$5 surcharge in addition to the regular entry fee.</p> <p>The Host Club reserves the right to scratch any/all entries for swimmers/teams that have not submitted the required forms and entry fees by the start of the Meet.</p>	
Meet Course:	Short Course Yards (SCY)	
Meet Format:	<p>This Meet will be run in accordance with current USA Swimming Rules.</p> <p>All 10/U & 11/12 Events will be swum as timed finals, slowest to fastest.</p> <p>13/14 events will be a trials and finals format with bonus, consolation, and championship finals (fastest 24 swimmers from preliminaries) held in the evening session. The 1000 & 1650 freestyle events and all relays will be timed finals.</p> <p>The 13/14 prelim events will be swum slowest to fastest. 13/14 Distance Events (1000 and 1650 Freestyle) will be swum as timed finals fastest to slowest with the top eight (8) athletes competing with Finals. The prelim heats of the 1000 and 1650 Freestyle will swim 2 heats of girls, one in each pool, and then 2 heats of boys, one in each pool. We will repeat until finished, possibly swimming a heat of girls in one pool and a heat of boys in the second pool or even combining boys and girls in a pool as necessary to run the meet most efficiently.</p> <p>The top 16 seeded relays (that do not indicate an AM preference) after morning check-in in the 13/14 age group will be swum at night.</p> <p>The morning and afternoon sessions will be swum with an “odd/even” format with the odd heats of all events swum in the Scoreboard pool and the even events swum in the Dive pool except as explained above for the 1000 and 1650’s. No new event will start until the last heat of the prior event is completed. All evening Finals will be swum in the scoreboard pool.</p> <p>This three day Meet has been divided into the following Sessions each day: 13/14 Prelims; 11/12 Timed Finals; 10/Under Timed Finals and 13/14 Finals.</p> <p>All time standards referred to in this Meet Announcement are the current New Jersey Swimming Short Course time standards.</p> <p>All swimmers must have times equal to or faster than the current New Jersey Swimming Short Course Gold Time Standards</p> <p>This Meet will be deck seeded with coaches checking in/scratching all swimmers.</p>	

Entry Limits:	Swimmers may compete in a maximum of three (3) individual events per day and one (1) relay per day. Swimmers entered in more than three (3) individual events in a preliminary or timed final session who fail to scratch down to this number before the check-in/scratch deadline established for the session will only be eligible to swim in the first three (3) events in chronological, not event, order, for which the swimmer was entered in that session.
Entry Deadline(s):	<p>Summary of the Entry Deadlines:</p> <p>Tuesday, March 7th by 11:59 PM:</p> <p>All entries, except amendments. These entries must include Proof of Times in a PDF by athlete.</p> <p>‘Relay-Only’ swimmers must be submitted at this time unless they are submitted through an amendment entry.</p> <p>Thursday, March 9th by 11:59 PM:</p> <p>Entry Coordinator will respond, via e-mail, that entries have been received and accepted. If you do not receive an e-mail, you must contact the Entry Coordinator by 11:59 PM on March 10th. If your original e-mail did not go through and you can send the original e-mail proving that you sent it by the deadline, the Entry Coordinator will accept entries at this point.</p> <p>Monday, March 13th by 11:59 PM:</p> <p>All known Amendments must be submitted in a separate electronic using a TM file called “2017 Entries from Amendments NJJO”. Please include any Gold entries made at Senior Championships in this same file.</p> <p>The “2017 NJJO Amendment Entries” MUST include proof of times for only the entries in this file in a PDF by athlete.</p> <p>PLEASE NOTE: These Amendment Entries will incur a \$5 per entry surcharge on top of the regular entry fee. We will use the proof of time file to calculate how many of your entries were earned at the Senior Championship meet and will deduct \$5 for each of these entries.</p> <p>Tuesday, March 14th by 7 PM:</p> <p>Entry Coordinator will send, to each team, a copy of all entries submitted thus far, along with Team Rosters. This is each team’s FINAL CHANCE to check the entries and to make certain that all swimmers are entered (including ‘Relay-Only’ swimmers). Please ask swimmers to proof their own entries.</p> <p>Tuesday, March 14th – After a report of your combined entries has been sent to you by the Entry Coordinator:</p> <p>All further Amendments must be submitted by sending the Entry Coordinator a Hy-Tek file. This file should ONLY contain any additional Amendment entries.</p> <p>Proof of Times in a PDF by athlete of JUST THESE Amendment Entries is required at this time.</p> <p>Please Note: It is expected that entries, at this time, will be minimal and will consist ONLY of true mistakes by the Coach/Team or the Entry Coordinator.</p> <p>Wednesday, March 15th by 9 AM:</p>

	<p>ABSOLUTE deadline for accepting any amendments to entries.</p> <p>Entry Coordinator will respond that amendments (ONLY) have been received and accepted. IF your e-mail did not go through and you can send the original e-mail proving that you sent it by the deadline, the Entry Coordinator will accept it. You must contact the Entry Coordinator by noon on Wednesday. Mistakes on participating team's part such as sending the incorrect file will not be corrected by the Entry Coordinator after 9 AM. No changes will be made on deck during the meet.</p> <p>Wednesday, March 15th by 9 PM:</p> <p>Psych sheets will be posted on the Berkeley Aquatic website. ONLY errors found on the posted Psych Sheets that were caused by the entry coordinator after the combined entry files were sent will be corrected (example: entry coordinator mistyped entries from your email or inadvertently deleted an entry that was showing on the entries sent to you) Mistakes by participating teams will no longer be corrected. You must have proofed the entries sent to you and have found the mistakes at that time (examples of mistakes that will not be corrected: you forgot a swimmer, you sent the wrong files, you listed the wrong time, you didn't proof the entries sent to you, you missed the deadline etc.) Therefore, if a swimmer or relay is not listed on the psych sheets, the swimmer or relay will not swim.</p> <p>NOTE: It is not necessary to overnight or express mail checks that are sent in support of an e-mailed entry. Please note that if the participating team does not receive a response from the entry coordinator by any of the above deadlines, it is the responsibility of the participating team to contact the entry coordinator by phone.</p>
Entry Information:	<p>The qualifying period for this Meet is January 1, 2016 through the entry deadline(s) for the Meet.</p> <p>All entries must be Hy-Tek program or program compatible entries as an attached file to an e-mail and must be accompanied by a PDF of proof of time by athlete with supporting documentation for custom times with the swimmer's name and time in question clearly highlighted, circled or otherwise indicated.</p> <p>A single swimmer entering unattached may send entries written out in the body of an email.</p> <p>Email entry files to bacmeetentries@bluestreakaquatic.com</p> <p>The meet entry coordinator will respond to e-mail entries promptly as specified in the deadlines included in this Meet Information document. If you do not receive an e-mail response within the stated time frames, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone. Team entries will be considered accepted when the host club accepts the entries (via email confirmation).</p> <p>Deck entries will not be accepted. No phone or faxed entries will be accepted. Since this is a Championship Meet, all entries which meet the time standards and are received by the stated deadlines, will be accepted. Teams/athletes will not be closed out of the Meet because of oversubscription.</p> <p>An Entry Summary with a signed NJ Swimming waiver and a check must follow each entry. They may be brought to the first session of the meet in which the team is competing but must be received by that time or the host team reserves the right to scratch teams which have not complied.</p>
Email Entry Files To:	BACMeetEntries@BerkeleyAquaticClub.com
Mail Checks/Reports	Berkeley Aquatic Club – 2017 NJS 14 U Short Course Junior Olympics 629 Central Avenue New Providence, NJ 07974

2017 NJS 14 U Short Course Junior Olympics

Events – Friday, March 17th, 2017

Session 1: 13/14 Women's and Men's Prelims

Warm-Up: 7:15 AM – 7:45 AM

Meet Starts: 7:50 AM

Women's Event Number	Event	Men's Event Number
1	13/14 400 IM	2
3	13/14 200 Freestyle	4
5	13/14 100 Breaststroke	6
7	13/14 50 Freestyle	8
9	13/14 500 Freestyle	10
11	13/14 400 Freestyle Relay	12

**** EVENTS WILL RUN IN THE SAME ORDER AT EVENING FINALS ****

Session 2: 11/12 Women's and Men's Timed Finals

Warm-Up: TBD

Meet Starts: TBD

Women's Event Number	Event	Men's Event Number
13	11/12 200 Freestyle	14
15	11/12 400 IM	16
17	11/12 50 Breaststroke	18
19	11/12 100 Butterfly	20
21	11/12 100 Backstroke	22
23	11/12 200 Freestyle Relay	24
25	11/12 500 Freestyle	26

Session 3: 10/U Women's and Men's Prelims

Warm-Up: TBD

Meet Starts: TBD

Women's Event Number	Event	Men's Event Number
27	10/Under 100 IM	28
29	10/Under 50 Backstroke	30
31	10/Under 100 Breaststroke	32
33	10/Under 500 Freestyle	34

Events – Saturday, March 18th, 2017

Session 4: 13 /14 Women’s and Men’s Prelims

Warm-Up: 7:15 AM – 7:45 AM

Meet Starts: 7:50 AM

Women’s Event Number	Event	Men’s Event Number
37	13/14 200 IM	38
39	13/14 100 Freestyle	40
41	13/14 200 Backstroke	42
43	13/14 100 Butterfly	44
45	13/14 800 Freestyle Relay	46
35	13/14 1000 Freestyle – Women	
	13/14 1650 Freestyle - Men	36

**** EVENTS WILL RUN IN NUMERICAL ORDER IN EVENING FINALS BUT WILL RUN IN THE ABOVE ORDER FOR MORNING PRELIMINARIES****

Session 5: 11/12 Women’s and Men’s Timed Finals

Warm-Up: TBD

Meet Starts: TBD

Women’s Event Number	Event	Men’s Event Number
47	11/12 100 IM	48
49	11/12 200 Butterfly	50
51	11/12 50 Backstroke	52
53	11/12 100 Freestyle	54
55	11/12 200 Breaststroke	56
57	11/12 1000 Freestyle	58

Session 6: 10/U Women’s and Men’s Timed Finals

Warm-Up: TBD

Meet Starts: TBD

Women’s Event Number	Event	Men’s Event Number
59	10/Under 50 Freestyle	60
61	10 /Under 50 Breaststroke	62
63	10/Under 100 Butterfly	64
65	10/Under 200 Freestyle	66
67	10/Under 200 Freestyle Relay	68

Events – Sunday, March 19th, 2017

Session 7: 13 /14 Women’s and Men’s Prelims

Warm-Up: 7:15 AM – 7:45 AM

Meet Starts: 7:50 AM

Women’s Event Number	Event	Men’s Event Number
71	13/14 200 Butterfly	72
73	13/14 100 Backstroke	74
75	13/14 200 Breaststroke	76
77	13/14 400 Medley Relay	78
69	13/14 1650 Freestyle – Women	
	13/14 1000 Freestyle – Men	70

**** EVENTS WILL RUN IN NUMERICAL ORDER IN EVENING FINALS BUT WILL RUN IN THE ABOVE ORDER FOR MORNING PRELIMINARIES****

Session 8: 11 /12 Women’s and Men’s Timed Finals

Warm-Up: TBD

Meet Starts: TBD

Women’s Event Number	Event	Men’s Event Number
79	11-12 200 IM	80
81	11-12 50 Freestyle	82
83	11-12 200 Backstroke	84
85	11-12 100 Breaststroke	86
87	11-12 50 Butterfly	88
89	11-12 200 Medley Relay	90
91	11-12 1650 Freestyle	92

Session 9: 10/Under Women’s and Men’s Timed Finals

Warm-Up: TBD

Meet Starts: TBD

Women’s Event Number	Event	Men’s Event Number
93	10/Under 200 IM	94
95	10/Under 50 Butterfly	96
97	10/Under 100 Freestyle	98
99	10/Under 100 Backstroke	100
101	10/Under 200 Medley Relay	102

**Meet Schedule and Session Times
(TENTATIVE)**

Friday, March 17th – Sunday, March 19th, 2017		Warm-Up	Start
Session 1	13/14 Women's and Men's Prelims	7:15 AM – 7:45 AM	7:50
Session 2	11/12 Women's and Men's Timed Finals	TBD	35 Min. after WU Start
Session 3	10/Under Women's and Men's Timed Finals	TBD	35 Min. after WU Start
	13/14 Women's and Men's Finals	TBD	
Session 4	13/14 Women's and Men's Prelims	7:15 AM – 7:45 AM	7:50
Session 5	11/12 Women's and Men's Timed Finals	TBD	35 Min. after WU Start
Session 6	10/Under Women's and Men's Timed Finals	TBD	35 Min. after WU Start
	13/14 Women's and Men's Finals	TBD	
Session 7	13/14 Women's and Men's Prelims	7:15 AM – 7:45 AM	7:50
Session 8	11/12 Women's and Men's Timed Finals	TBD	35 Min. after WU Start
Session 9	10/Under Women's and Men's Timed Finals	TBD	35 Min. after WU Start
	13/14 Women's and Men's Finals	TBD	

FINALIZED MEET SCHEDULE with starting times for all sessions will be determined after entries are received and a time line created!

Facility Schedule:	The building opening time is 7:00 AM each day.
Scoring:	Scoring for the team title will be through 16 places as follows: (20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1) for individual events and for relay events (40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2).
Awards:	New Jersey Swimming Junior Olympic medals will be presented to the top 8 finishers in individual events and to the top 3 finishers in relay events. Trophies will be presented to the three teams accumulating the combined highest scores. Individual high point awards will be given to the top individual male and female performers in each age group.
Starts:	'Fly-over' or 'Over-the-top' starts will NOT be used.
Admissions and Programs:	Admission will be \$10.00 per session for all Sessions except Finals. Admission for Finals will be \$5.00. Heat Sheets (and Results) will be available for free on both Meet Mobile and Live Results.
Results:	On-going results will be available on both Meet Mobile and Live Results as technology allows. Final results will be available on both the NJ Swimming website (www.njswim.org) and the Berkeley Aquatic Club website (www.berkeleyaquaticclub.com) and will be emailed to each participating team following the conclusion of the Meet.
Concessions:	Rutgers University will provide a varied menu of hot and cold refreshments throughout the competition. Concessions may open/close at Rutgers discretion throughout the meet.
Hospitality:	A hospitality room will be maintained for coaches, officials and multi-session BAC volunteers. It shall be located behind the control room just off of the pool deck.
Vendor:	The Metro Swim Shop will be located at the opposite end of the Concourse from the spectator entrance. Swimmers are not permitted to use the bathrooms in this area for changing into or out of swimsuits or clothing for the meet.
Locker Rooms:	Parents are NOT permitted in the athlete locker rooms at any time.
Distance Events:	All of the 1000 and 1650 freestyles are timed final events. The 13/14 1000's and 1650's will be swum

	fastest to slowest, alternating heats by gender, at the end of the preliminary sessions. The 11-12 distance events will be swum slowest to fastest, also alternating heats by gender. Swimmers in the 1000 & 1650 must provide their own counters and one timer. Berkeley Aquatic Club will provide a second timer (See Meet Format).
Heat Limited Events:	There are no Heat Limited events
Relays:	<p>Procedures for scratching or for indicating that a relay will only be swum in the morning are given below under <i>Check In</i>.</p> <ul style="list-style-type: none"> • Relay cards will be provided to each team. • The relay cards with correct names are due 60 minutes before the start of the relay event. • Relays swum in the evening must submit their cards 60 minutes prior to the start of the relay event in the evening. • The host club is responsible for verifying the correct names behind the blocks before the relays are swum. Changes can be made with the Head or Lane Timer until the first swimmer steps on the block to swim the relay. NO CHANGES will be made after that time. • Please note that in accordance with NJS Championship Swimming Policy, swimmers are not allowed to swim in a higher age group for relays; they must swim on a relay of the appropriate age group. • Relays may contain swimmers who are not swimming individual events. However, those swimmers must be 2017 USA registered swimmers, 'attached' to the club for whom they are swimming and must be entered in the Team Manager file with the rest of the swimmers, just swimming no events. • Exhibition relays are not allowed.
Swimmer Eligibility:	<p>No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in Article 302.</p> <p>All swimmers must be included in a team's official meet roster in the meet database to be eligible to participate in this swim meet in any event including relays.</p> <p>Entries for swimmer without valid/current USA Swimming registrations will not be entered in the Meet. NJ Swimming performs a registration check a few days after the official entry deadline and ineligible swimmers will be notified at that time.</p> <p>Unattached Swimmers: All transfer swimmer(s) must swim unattached for 120 consecutive days from their last attached open competition. Swimmers must use a New Team Alpha Code UN or U as their team affiliation. All unattached swimmers must be listed on the team's official waiver/verification form.</p> <p>Age Groups Offered: 10/Under; 11/12 and 13/14</p> <p>Time Standards that will be used:</p> <p>All times must be equal to or faster than the current NJ Swimming Short Course "Gold" standard.</p> <p>Times may be converted from Long Course times using the Hy-Tek Team Manager conversion protocol: In team manager, got to set-up, then conversions. Make sure that:</p> <p>The Yard to SC Meters is set to 1.11</p> <p>Freestyle Turns = 0.8 Backstroke Turns = 0.6 Breaststroke Turns = 1 Butterfly Turns = 0.7 Individual Medley Turns = 0.8</p>

	<p>Freestyle: 500 y to 400 m and 1000 y to 800 m = .875; 1650 y to 1500 m = 1.006</p> <p>DO NOT SET THE STRAIGHT CONVERSION FACTOR TO ANY PERCENT FACTOR!</p> <p>NOTE: Proof of Times is required for all entries. It must be provided for the entries being submitted at that time. The Proof of Time for custom times must be clear with the appropriate swimmer and time circled, highlighted or otherwise indicated. Please do not submit multiple page results for the Entry Coordinator to sift through.</p>
<p>Age-Up Exception:</p>	<p>For a swimmer who ages up during the period between a previous New Jersey Championship Meet and Junior Olympics AND was too fast to swim certain events at the previous Championship for the younger age AND had achieved qualifying times in certain events for the younger age group for the Junior Olympics but that time does not qualify for those events in the older age group at the Junior Olympics, that swimmer will be permitted to enter those same events in the Junior Olympics in the older age group using the older age group cut-off time as the swimmer's entry time to allow for automatic seeding of the event.</p>
<p>Host Club Responsibilities:</p>	<p>The host club will provide 50% of the volunteers throughout the course of the Meet.</p> <p>The host club will have stopwatches available for volunteers helping to time.</p> <p>The host club will e-mail all club entries back to the participating clubs.</p> <p>The host club will create a Warm-Up Schedule that will be fair and equitable to all teams. This Warm-Up Schedule will be e-mailed to all participating clubs and posted on the team website no later than 72 hours prior to the start of the Meet.</p> <p>The host club will create Timing Assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs and posted on the team website no later than 72 hours prior to the start of the Meet.</p>
<p>Participating Club Responsibilities:</p>	<p>Participating clubs must help with timing assignments. Visiting team timers must be capable of operating a stopwatch and either a button or be able to record times on a clipboard.</p> <p>Participating clubs are encouraged to provide as many officials as possible.</p> <p>Swimmers in the 1000 and 1650 Freestyle must provide one timer and a counter, if they desire.</p> <p>Participating club parents/guests must stay in areas designated for spectators ONLY. This applies to both the pool deck area as well as the facility at large. Exceptions to this are those spectators/guests who are currently timing or working as officials who will be permitted on the pool deck.</p> <p>All athletes, coaches, volunteers and spectators are expected to follow all posted facility guidelines as well as any instructions as communicated by Facility or Meet Management throughout the full duration of the Meet. Failure to comply with posted/communicated guidelines could result in removal from the facility for either the remainder of the Session or the remainder of the Meet.</p> <p>Seating for swimmers, coaches and spectators is open and available on a first-come, first-served basis. The saving of seats by spectators, swimmer, or teams is STRICTLY prohibited. Event staff and facility personnel reserve the right to manage seating in accordance with these guidelines.</p> <p>For this Meet, swimmers shall have available for seating the bottom three (3) rows of the bleachers as well as full use of the gymnasium on the ground floor of the Sonny Werblin Recreation Center. Spectators shall have available all other seating in the natatorium (including the remaining bleachers rows) as well as full use of the gymnasium. The use of outside chairs (other than those required for guests with disabilities) is strictly prohibited by facility management in ALL areas except in the gymnasium.</p> <p>PLEASE NOTE: Balls, Frisbees or other items intended to be thrown, kicked or hit are prohibited in the gymnasium.</p> <p>In the interest of safety for all in attendance, sitting or standing on stairs or in aisles leading to exits is</p>

	<p>strictly prohibited by the Fire Marshall. Spectators found in these prohibited areas will be instructed to vacate the area.</p> <p>Spectators are asked to limit belongings brought into the natatorium to ONLY items that can fit under their individual seat. Spectators with additional belongings are offered seating in the gymnasium.</p> <p>No pets (other than active service dogs) are permitted on the deck, in the stands or in any other part of the facility.</p>
Officials:	<p>Swimming officials from participating teams should contact the Meet Referee, Christopher Barry at officials@berkeleyaquaticclub.com, with the Sessions when they are able to help.</p> <p>Current USA Swimming and NJ Swimming Certification is required for all officials. The Meet Referee will check cards.</p> <p>All Officials must wear the standard white shirt and blue pants or shorts uniform.</p> <p>Officials will be required to work the entire session and will receive free admission. (Officials not working a given Session will be required to pay admission for that Session.)</p>
Coaches Eligibility:	<p>All coaches 'on the deck' must be registered with USA Swimming and be current coach members of USA Swimming. Verification can be in the form of a current USA Swimming membership card or Coaches Pass available through the USA Swimming Deck Pass App.</p> <p>Coaches must show their USA Swimming Coaching Card or Coaches Pass for entrance to the facility.</p> <p>All Coaches must have some form of USA Coaching Credential verification with them at all times.</p>
Meet Format Waiver:	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chairman and either the age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include:</p> <ul style="list-style-type: none"> - To allow more swimmers the opportunity to swim. - To conform to facility capacity limits or for facility safety concerns. - To condense the meet into smaller time frame. <p>Some of the changes that can be made: 1) add a session, 2) heat limit distance events and, 3) condense sessions.</p>
Warm-Up Procedures:	<p>The sanctioning, and/or age group, and/or senior chairman must approve all new warm-up schedules.</p> <p>Warm-Ups will be run under New Jersey Swimming Warm-Up and Safety Guidelines:</p> <p>(https://www.teamunify.com/subtabgeneric.jsp?team=eznjslsc&stabid=69121)</p> <ul style="list-style-type: none"> • There will be one 30 minute warm-up period per session. • Each club will be assigned a warm-up period and a lane or lanes. When two or more teams share a common lane for warm-ups, all teams must agree to a warm-up procedure. If clubs sharing a lane can't agree on a warm up procedure, that lane will be a general warm-up lane. • All swimmers are entitled to a fair and comparable warm-up. All teams MUST get the same opportunities for general warm-up lanes, sprint lanes and pace lanes. • The Warm-Up schedule will also be e-mailed to participating clubs and NJ Swimming (for posting) not less than 72 hours before the beginning of the Meet. • If two Warm-Up periods are required due to the number of athletes in a session, swimmers will be restricted from gathering behind the blocks until the swimmers in the previous Warm-Up have exited the pool. The warm-up periods will each be 25 minutes in length and there will be a two-minute break between warm-up periods. <p>PLEASE NOTE: Swimmers are prohibited from using any "gear" or "equipment" or swimming aids during any warm-up or warm-down without formal approval from the Meet Referee in either the competition pools or the warm-up/warm-down pools.</p>

	<p>Entry Into Pool:</p> <ul style="list-style-type: none"> • All swimmers must enter the pool from the starting end of the pool. • Swimmers may not exit on the bulkhead • All swimmers must enter feet first. <p>Host Team Monitoring Warm-ups:</p> <ul style="list-style-type: none"> • New Jersey Swimming officials will monitor warm-ups. • Uniformed and designated meet marshals will also monitor warm-ups. • All general warm-up lanes will swim in a counterclockwise direction. <p>The secondary warm-up/warm-down pools will only be available for use during the actual Meet Session and will not be available during the scheduled warm-up period. As noted above, no “equipment” will be allowed in these pools.</p>
Check-In:	<p>The entire meet will be deck seeded. All check-in sheets must be turned into the control room 5 minutes after the start of warm-up. Swimmers who are swimming will have lines drawn through their names. Swimmers who are being scratched will have their names circled with “SCR” next to the circle. Swimmers scratching a single event will have a line through their names and the event number circled with “SCR” next to the circle. Any swimmer who has not checked in may be scratched from their events that day.</p> <p>The top sixteen 13/14 relays are swum with finals. Teams may opt to swim in the morning session even if they are seeded in the top 16 relays provided there are more than 16 relays after scratches. A RELAY CHECK-IN SHEET will be posted in the control room during the morning scratch time. The sheet will list each relay for the day and coaches can indicate that the relay will be scratched, that the relay will be swum but will only be swum during the morning session or that the team is willing to swim the relay morning or evening. If a team does not check in on the sheet within 60 minutes after the end of warm up or 60 minutes before the predicted start of relays that day, whichever is sooner, they may be scratched. If a team does not indicate that they only want to swim in the morning and the team is seeded to swim a relay at night whether by original seeding or by seeding after scratches, the team must swim at night or they will be disqualified. There will be no changes to this AM/PM decision later than 1 hour after the end of prelim warm-up of the day of the relay.</p>
Scratching from Finals:	<p>The scratch rule for Championship Finals, as specified in the New Jersey Swimming Policy Handbook, will be followed for the Evening Championships.</p> <p>Failure to show for Finals on Sunday night will result in a \$50 fine. Please note that we will accept ‘Intents to Scratch’ as specified in the Policy.</p>
No Show Procedure:	<p>No penalty will be incurred for an unscratched swimmer who fails to report to the starting blocks for his/her scheduled event. However, the event will be counted towards the swimmer’s maximum allowable swims for that day. The swimmer may be allowed to swim the event in a later heat or a subsequent event if the swimmer is at the starting end of the pool, ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer.</p>
Internet Website Posting and Results:	<p>The meet announcement, Hy-Tek Event List (.HYV file), and final meet results will be posted on New Jersey Swimming website www.njswim.org.</p> <p>The following will be posted on the Berkeley Aquatic Club Website www.berkeleyaquaticclub.com</p> <p>Before the meet, we will post:</p> <p>Meet Announcement Downloadable Hy-Tek Events List (.HYV file) Psych Sheets Updated Meet Schedule Warm-Up Schedule and Team Warm-Up Assignments</p>

	<p>Team Timing Assignments</p> <p>During the meet, the following will be available:</p> <p>Interim results will be available on Meet Mobile and Live Results with running Results and posted on Deck as available after approved and as technology permits.</p> <p>After the meet, we will post (www.berkeleyaquaticclub.com): Downloadable Results (.CL2 file), and Printable Results (.PDF file)</p> <p>Results will also be available on the New Jersey Swimming Website (www.njswim.org) soon after the conclusion of the Meet.</p>
USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Time Trials:	Time Trials will be conducted in compliance with the New Jersey Swimming Time Trial Policy as specified in the New Jersey Swimming Policy Handbook. Time Trials will be conducted only if time allows after evening Finals.
Audio/Visual Recording Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. In addition, volunteers and spectators cannot use any of the above on deck.
USA-S Deck Change Policy Statement:	Deck Changes are prohibited.
USA-S Drone Policy Statement:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.
Directions:	<p>656 Bartholomew Road, Piscataway,NJ</p> <p>Garden State Parkway Southbound</p> <p>Turn off at Exit 129 for the New Jersey Turnpike and head south. Turn off at Exit 9, bear right after the tollbooths and follow signs for Route 18 North - New Brunswick. Stay to the left to continue on Route 18 North. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.</p> <p>Garden State Parkway Northbound</p> <p>Turn off at Exit 105 and follow signs for Route 18 North. After approximately 24 miles, you will pass the entrance for the New Jersey Turnpike. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.</p>

Interstate 287

Turn off at Exit 9 - Bound Brook/Highland Park. Proceed East on River Road toward Highland Park. Continue on River Road and you will pass under the overpass for Route 18. Make the next left onto Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

New Jersey Turnpike

Turn off at Exit 9, bear right after the tollbooths and follow signs for Route 18 North - New Brunswick. Stay to the left to continue on Route 18 North. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

US Route 1

Turn off at exit marked Route 18 North-New Brunswick. Proceed along Route 18 North, crossing the Raritan River (approximately 3.7 miles). Continue on Route 18 North. Proceed up Route 18 to the Campus Rd. exit ramp on the right. Follow Campus Rd. until you come to the circle and take the first right off the circle onto Bartholomew Rd. The Recreation Center will be the first building on the left.

Hotels:

Embassy Suites

121 Centennial Avenue
Piscataway, NJ 08854
(732) 980-0500

Radisson

21 Kingsbridge Road
Piscataway, NJ 08854
(732) 980-0400

Hyatt Regency

Two Albany Street
New Brunswick, NJ
(732) 873-1234

Hotel Somerset Bridgewater

110 Davidson Avenue
Somerset, NJ 08873
(732) 560-0500

Holiday Inn – Somerset

195 Davidson Avenue
Somerset, NJ 08873
(732) 356-1700

La Quinta

60 Cottontail Lane
Somerset, NJ 08873
(732-560-9880

Doubletree

200 Atrium Drive
Somerset, NJ 08873
(732) 469-2600



NEW JERSEY SWIMMING

2017 NJS 14/Under Short Course Junior Olympics

Friday, March 17th, 2017 thru Sunday, March 19th, 2017

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Berkeley Aquatic Club, Blue Streak Aquatic and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the 2017 NJS 14/Under Short Course Junior Olympics Championships, are registered members of USA Swimming. All USA Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code _____

Signature of Coach and/or Parent/Guardian _____

Telephone _____ E-Mail Address _____

Name(s) of Coach(es): _____

Entry Fee Summary:	_____ number of Timed Final Events x \$5 =	\$ _____
	_____ number of Prelim/Final Events x \$6 =	\$ _____
	_____ number of Distance Events x \$11 =	\$ _____
	_____ number of Relay Events x \$8 =	\$ _____
	Total =	\$ _____

Make checks payable to: Blue Streak Aquatic

Article 302.4 of the USA Swimming Rules and Regulations

False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

List all Unattached Swimmers:

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____