

PARKLAND AQUATIC CLUB

Winter A/BB/C Invitational Meet

January 2 to 4, 2009

Held under the Sanction of USA Swimming
Sanctioned by Middle Atlantic Swimming, Inc.
Sanction # MA 0927 A

LOCATION	Parkland High School Aquatic Center 2700 Cedar Crest Blvd Allentown, PA 18104 Day of meet ONLY emergency phone: 610-698-4392
FACILITIES	The PHS pool is an indoor Paddock, 25 yard, 8 lane pool with non-turbulent lane markers, Colorado Timing system with 8 line scoreboard display. Water depth at the starting end is 12 feet. An adjacent warm-up and warm-down pool is available for swimmers. Free parking, large seating capacity, concessions stand and swim equipment vendor are available.
MEET DIRECTOR	Barbara Poland/Lisa Amann: paacmeetdirector@hotmail.com 484-397-4092 (PAAC Office)
SAFETY DIRECTOR	Deb Bren: dbrendo@pol.net
OFFICIALS	Julie Pepper jpepper@ptd.net is the officials coordinator. Walt Johnson drwj80@aol.com Julie Pepper jpepper@ptd.net are the meet referees.
ELIGIBILITY	This meet is open to all swimmers registered with USA Swimming. Swimmer's age as of January 2, 2009 will apply for the entire meet.
ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform with Middle Atlantic rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund. Prompt notification will be made to swimmers or teams if changes impact their entries. A swimmer may swim in four individual events and 1 relay per day. Entries for the 1650 free will be limited to the first 16 male and first 16 female swimmers with times. NT entries will be accepted if we don't have full heats of swimmers with times. We will only run 2 heats of each unless we only have 8 swimmers in an event and we will run 3 heats of the other. Swimmers in the mile will need their own timers and counter.
ORDER OF EVENTS	See attached sheet listing the order of events, event numbers, the starting times for each session and the warm-up schedule.
WARM-UP & START TIMES	Team lane assignments and warm-up schedule will be distributed on-site in the coach's package. Circle swimming only during warm-up until sprint lanes are opened. No diving is permitted during warm-up, except supervised diving in designated sprint lanes. When diving is permitted, swimmer must enter from the starting blocks and exit from the opposite end of the pool.
DECK ENTRIES	Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$8.00 per event. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the MD before or during warm-ups.
SWIMMERS WITHOUT A COACH	Swimmers unaccompanied by a credentialed coach should report to the Meet Director before the warm-up for each session.
SEEDING	All Friday night events are Positive Check-in. All other events will be pre-seeded based on entry time. 1650 on Saturday is also Positive Check-in. Check-in for Friday night events will close at 6:15pm except the 400IM which will close at 7pm. Check-in for the 1650 on Saturday will close at 11:45am.

ACCOMODATIONS

Courtyard by Marriott
2160 Motel Drive
Bethlehem, PA 18018
610-317-6200

Residence Inn
2180 Motel Drive
Bethlehem, PA 18018
610-317-2662

Fairfield Inn
2140 Motel Drive
Bethlehem, PA 18018
610-867-8681

**CANCELLATION
DUE TO BAD
WEATHER**

In case of delays or cancellation due to bad weather, check the PAAC website
www.paacswim.com or call the PAAC office at 484-397-4092

PAAC Winter Invitational Swim Meet

All events are timed finals

Friday Evening, January 2, 2009 6:30 p.m. (Warm up 5:30 p.m.)

Positive Check-in required for all events Friday evening.

GIRLS NUMBER	EVENT			BOYS NUMBER
1	9 & 10	200 YARD	FREESTYLE	2
3	SENIOR	500 YARD	FREESTYLE	4
5	SENIOR	400 YARD	INDIVIDUAL MEDLEY	6

Saturday Morning, January 3, 2009 7:30 a.m. (Warm up 6:30 a.m.)

GIRLS NUMBER	EVENT			BOYS NUMBER
7	13 & 14	100 YARD	FREESTYLE	8
9	15 & OVER	100 YARD	FREESTYLE	10
11	13 & 14	200 YARD	BREAST	12
13	15 & OVER	200 YARD	BREAST	14
15	13 & 14	200 YARD	BACK	16
17	15 & OVER	200 YARD	BACK	18
19	13 & 14	100 YARD	FLY	20
21	15 & OVER	100 YARD	FLY	22
23	13 & 14	200 YARD	INDIVIDUAL MEDLEY	24
25	15 & OVER	200 YARD	INDIVIDUAL MEDLEY	26
27	SENIOR	400 YARD	MEDLEY RELAY	28

Saturday Mid January 3, 2009 12:00 p.m. (Warm up 11:30 a.m.)

Positive Check-in required.

GIRLS NUMBER	EVENT			BOYS NUMBER
29	OPEN	1650 YARD	FREESTYLE	30

Saturday Afternoon, January 3, 2009 2:30 p.m. (Warm up 1:30 p.m.)

GIRLS NUMBER	EVENT			BOYS NUMBER
31	11 & 12	100 YARD	INDIVIDUAL MEDLEY	32
33	9 & 10	100 YARD	INDIVIDUAL MEDLEY	34
35	11 & 12	50 YARD	BACK	36
37	9 & 10	50 YARD	BACK	38
39	11 & 12	200 YARD	FREESTYLE	40
41	9 to 12	200 YARD	BACK	42
43	11 & 12	100 YARD	BREAST	44
45	9 & 10	100 YARD	BREAST	46
47	11 & 12	100 YARD	FLY	48
49	9 & 10	100 YARD	FLY	50
51	11 & 12	50 YARD	FREESTYLE	52
53	9 & 10	50 YARD	FREESTYLE	54
55	11 & 12	200 YARD	MEDLEY RELAY	56
57	9 & 10	200 YARD	MEDLEY RELAY	58

Sunday Morning, January 4, 2009 8:00 a.m. (Warm up 6:30 a.m.)

GIRLS NUMBER	EVENT			BOYS NUMBER
59	13 & 14	200 YARD	FREESTYLE	60
61	15 & OVER	200 YARD	FREESTYLE	62
63	13 & 14	100 YARD	BREAST	64
65	15 & OVER	100 YARD	BREAST	66
67	13 & 14	100 YARD	BACK	68
69	15 & OVER	100 YARD	BACK	70
71	13 & 14	200 YARD	FLY	72
73	15 & OVER	200 YARD	FLY	74
75	13 & 14	50 YARD	FREESTYLE	76
77	15 & OVER	50 YARD	FREESTYLE	78
79	SENIOR	400 YARD	FREE RELAY	80

Sunday Afternoon, January 4, 2009 1:30 p.m. (Warm up 12:00 p.m.)

GIRLS NUMBER	EVENT			BOYS NUMBER
81	9 to 12	200 YARD	BREAST	82
83	9 to 12	200 YARD	FLY	84
85	11 & 12	100 YARD	FREESTYLE	86
87	9 & 10	100 YARD	FREESTYLE	88
89	11 & 12	100 YARD	BACK	90
91	9 & 10	100 YARD	BACK	92
93	11 & 12	50 YARD	BREAST	94
95	9 & 10	50 YARD	BREAST	96
97	11 & 12	50 YARD	FLY	98
99	9 & 10	50 YARD	FLY	100
101	11 & 12	200 YARD	INDIVIDUAL MEDLEY	102
103	9 & 10	200 YARD	INDIVIDUAL MEDLEY	104
105	11 & 12	200 YARD	FREESTYLE RELAY	106
107	9 & 10	200 YARD	FREESTYLE RELAY	108

PAAC Winter Invitational Swim Meet Summary Form

Team Name: _____ **Team Code:** _____

Head Coach: _____

Team Contact: _____ **Phone Number:** _____

Team E-Mail Address: _____

Team Mailing Address: _____

City: _____

State: _____ **ZIP:** _____

Mail Entries: Parkland Aquatic Club (PAAC) 484-397-4092
 # 1 Tekpark / Suite 120
 9999 Hamilton Boulevard
 Breinigsville, PA 18031 paacmeetdirector@hotmail.com

Teams using Hy-Tek's Team Manager are asked to submit an entry file on a CD or via e-mail along with a Team Manager report of meet entries:

Entry Deadline: Received by 6:00 p.m. December 19, 2008.
Please make checks payable to: PAAC

Entries Summary

	Number of Entries	Cost per Entry	Amount
Individual Entries		\$4.00	
Relay Entries		\$8.00	
Surcharge*	-----	\$2.00	
		TOTAL	

* There is a \$2.00 per swimmer surcharge for submission of 5 or more swimmers on a manual entry.

I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH USA SWIMMING AND THAT THEY HAVE ACHIEVED THE SEED TIMES RECORDED.

 Signature of head coach or authorized team representative

This form must accompany the official entry blanks.

PAAC Individual Entry Form

Team Code: _____

Team Name: _____

Friday

Swimmers Name	DOB	USS ID	Event/Time	Event/Time	Event/Time	Event/Time

Saturday

Swimmers Name	DOB	USS ID	Event/Time	Event/Time	Event/Time	Event/Time

Sunday

Swimmers Name	DOB	USS ID	Event/Time	Event/Time	Event/Time	Event/Time

Individual Events _____ @ \$4.00= _____ = \$ _____

